



**Abingdon Carbon
Cutters invite you
to a meeting:**



Food for Thought



**Bring your
ideas and
share them!**

- How can a plant-based diet contribute to carbon-cutting?
- Can changing one's diet really make a difference?
- Can eating less meat improve your health?
- An informative and interactive discussion

**Abingdon Carbon Cutters:
a “Community Action Group” providing a local
response to climate change**

www.abingdoncarboncutters.org.uk

7.30pm Wed 21st Nov 2018

**Meet at St Ethelwold's House, 30 East St Helen St, ABINGDON OX14 3EB
Bring your friends, £3 donation towards costs welcome !**